

## Coming of Age Fall Retreat Packing List

- Sleeping bag or sheet and blanket
- Pillow
- Towel
- Water bottle (very important!)
- Bag dinner for Friday night
- \$10 for food pit stop
- Sunscreen
- Different layers of comfortable clothing (**Mornings and evenings can be very cool**)
  - Sweatshirt/ fleece
  - Lightweight Jacket
  - Cold weather jacket
  - Knit hat
  - Other Clothes (underwear, socks, shorts, shirts, shoes, pants, etc.)
  - Pajamas
- Sturdy shoes or boots
- Rain jacket
- Toiletries (Toothbrush, soap, etc.)
- Any medication you take
- Camera (optional)
- Cards, favorite games (board or other), books, musical instruments (optional)
- Snacks
- Your sense of adventure & friendship